

# **Milwaukee Farmers Market Coalition | SNAP EBT Farmers Market Training**

## **SNAP Eligible Items + FNS Contact Information**

### SNAP-Eligible Items:

- **Foods for the household to eat, such as:**

- breads and cereals;
- fruits and vegetables;
- meats, fish and poultry; and
- dairy products.

- **Seeds and plants which produce food for the household to eat.**

In some areas, restaurants can be authorized to accept SNAP benefits from qualified homeless, elderly, or disabled people in exchange for low-cost meals.

### Households CANNOT use SNAP benefits to buy:

- Beer, wine, liquor, cigarettes or tobacco
- Any nonfood items, such as:
  - pet foods
  - soaps, paper products
  - household supplies
- Vitamins and medicines
- Food that will be eaten in the store
- Hot foods

<https://www.fns.usda.gov/snap/eligible-food-items>

### FNS Contact Information

**Midwest Regional FNS Office Phone Number:** 312-353-6664 (office located in Chicago, IL)

*Contact these folks if you have any questions regarding your FNS number*

**National SNAP Farmers Market Information Line:** 312-353-6605

*Contact these folks if you have any questions about SNAP programs at farmers markets  
Leave a message and a team member will get back to you*

**Kent Wells, Section Chief, FNS Midwest Regional Office:** [kent.wells@fns.usda.gov](mailto:kent.wells@fns.usda.gov) | 312-353-6609

*Contact Kent if you would like to know the status of your FNS application  
The team he supervises reviews all of the SNAP applications submitted from farmers markets*

<https://www.fns.usda.gov/fns-regional-offices>



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